

盧同學	回饋建議
書審老師 A	<ol style="list-style-type: none"><li>1. 風格一致，扣合主題，學習歷程踏實並呈現成長的歷程</li><li>2. 運用 A.I.協助作文，建議能呈現使用 A.I.的畫面做為佐證 (未見 Cool English)</li><li>3. 結合 A.I.來增進英文寫作能力，建議能談談使用 A.I.的利弊</li></ol>
書審老師 B	<p>此作品展現出非常優質的學習態度與反思，主動面對寫作上的精進努力，從閱讀理解到文章分析，最後實際的撰寫，過程中面對自身缺點也能分析可改進之處，也運用工具來加強改善，顯示出絕佳的自我覺察與進步動力，整體表現非常值得肯定。</p>
書審老師 C	<p>未來應用與延伸建議補充：「這樣的寫作訓練對我申請科系 / 未來職涯 / 學測作文的影響為何？」更有助於呈現學習歷程與未來連結性。</p>

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# 中階英文閱讀與寫作 練習課程學習成果

## Intermediate English Reading and Writing Learning Outcomes

113 學年度 第一學期

113 academic 1st semester

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### Student

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NTCVS AE2B #33 Anglus Teacher

蔡宜庭老師 Jessica

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# 動機介紹

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## 動機來源 —— 越挫越勇

一年級時老師較注重於閱讀的部分，因此我們撰寫作文的時機不多，到了二年級後老師要求我們要有明確的作文架構並開始分析文章內容和撰寫方式，但寫作剛好是我比較不擅長的部分，因此考出來分數都不太理想，而我是一個遇到越困難的事就會越想挑戰的人，所以我利用課程學習成果紀錄我發現缺點並進行改善的過程與方法。

## 目標

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- 發掘並改善缺點。
- 寫出清晰且具有吸引力的文章。
- 以六級分為評分標準，以五級分為目標，再慢慢增加詞彙量讓文章更引人矚目。



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# COURSE INTRODUCTION

透過文章練習各種連接詞和句型的用法，透過文章上下文和英文解說了解單字意思再針對文法進行階段性的拆解、分析、應用。



一個階級分21-23個單元，  
一個單元40個單字，每次段  
考會考4-6個單元以提升學  
生單詞量。配合題本讓學生  
以自己的步調調整進度。

# 作文原稿照片和評語

## Rating criteria

表現優秀 (勾選)	錯誤代碼
<input checked="" type="checkbox"/> 結構佳、段落分明	<input checked="" type="checkbox"/> 主題句破題佳
<input checked="" type="checkbox"/> 結論段總結佳	<input checked="" type="checkbox"/> 結論及開頭前後呼應
<input checked="" type="checkbox"/> 切合主題	<input checked="" type="checkbox"/> 發展句舉例得當
<input checked="" type="checkbox"/> 轉折詞使用得宜	<input checked="" type="checkbox"/> 轉折詞使用不當
△時態錯誤    △時態不一致    △主動詞不一致    △拼字錯誤    △標點符號錯誤    △名詞單複數錯誤	①結構混淆、分段不當    ②主題句破題修改 ③無總結結論段    ④未能前後呼應
△搭配詞亂組    △冗詞贅句    △中文思考寫英文    △斷手斷腳不完整句    △講不停的不間斷句	⑤偏離主題    ⑥發展句舉例不當
<small>           創意不足：在四評八種內有扣題主題、            語言使用不精、具有主題但細節發展不足、句子            長的比短的為多。         </small>	<small>           空白(未書寫文字)、文字瑣碎、形同未答、只抄題目或其他試題、            只抄引導文字、內容完全離題或錯誤。         </small>
0	4

## Essay prompts

請記得在右上角寫上班級、座號、姓名，並且使用藍/黑色原子筆作答，違者扣總分5分。

**Writing an essay (12%)** *reduce reduce*

近年來，食物浪費問題日益嚴重。請寫一篇英文作文。第一段說明食物浪費的原因，第二段提出你認為可以減少食物浪費的方式。文章字數需達到至少120字。

## Writing area

① Nowadays, the food waste problem become more and more tragic. People throw away the food ~~which~~ <sup>which</sup> they don't like. ~~and the~~ Otherwise, people who don't have food to eat just keep starving.

② The reasons due to the food waste is. ① people always don't mind about throwing food. The trash cans of restaurants are always full of the leaving of the meal they ~~sell~~ sold. Some people will choose to ask for a bag to take the food away, but some don't. ② The other one is the old value of people. When people buying ingredients for their dishes, they choose pretty ones than ugly ones. In the end, the ugly food will be sent to the farms they come from ~~or~~ <sup>and</sup> throw away.

③ There are some tips can ~~reduce~~ <sup>reduce</sup> the food waste. First, ① bring a bag or ask for it if you can't finish the meal ~~and~~ <sup>and</sup> remember to finish it. ② Second, don't let the food placed too long. ③ Finish the food or it will get ~~rot~~ <sup>rot</sup>. Finish the food quickly or it will get rot soon. Finally, buy ugly food, they are not worse as you think. Although it might ~~not~~ <sup>not</sup> look well, the nutrients ~~is~~ <sup>are</sup> inside still a very well. Besides, who knows it was ugly once before ~~after~~ <sup>after</sup> cooking? Furthermore, many markets are selling ugly food with a lower price than usual. It's a good ~~chance~~ chance to save money and ~~reduce~~ <sup>reduce</sup> the food waste at the same time. You have got some tips!

第一次段考  
(高二應英-英文閱讀與寫作)

## Classmate comments

Try it next time, and ~~(reduce)~~ <sup>reduce</sup> the food waste together.

✓: 舉例說明及用字都非常好唷!!

X: 拼字部份可以再更加注意

# Composition Content

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## Topic: Food waste problem

### Essay prompts:

1. The reasons resulting in food waste.
2. The ways to reduce the food waste.

Nowadays, the food waste problem **become** more and more tragic. People throw away the food, which they don't like. Otherwise, people who don't have food to eat just keep **straving**. The reason **due to** the food waste **is people** always don't mind **about** throwing food. The trash cans of restaurants are always full of the leaving of the meal they sold. Some people will choose to ask for a bag to take the food away, but some don't. The other one is the old value of people. When people **buying** ingredients for their dishes, they choose pretty ones **than** ugly ones. In the end, the ugly food will be sent to the farms they came from or **throw** away.

There are some **tips can** **reduse the** food waste. First, bring a bag or ask for it if you can't finish the meal, and remember to finish it. Second, don't let the food **placed** too long. Finish the food quickly or it will get rot soon. Finally, buy ugly food, they are not worse as you think. Although it might not look well, the nutrients inside still very well. Besides, who knows it was ugly once before after cooking? Furthermore, many markets are selling ugly food **with** a lower price than usual. It's a good chance to save money and **reduse the** food waste at the same time. You have got some tips! Try it next time, and **reduse** the food waste together.

# 初步作文內容修正 (單字、文法問題)

## Topic: Food waste problem

### Essay prompts:

1. The reasons resulting in food waste.
2. The ways to reduce the food waste.

Nowadays, the food waste problem **has become** more and more tragic. People throw away the food which they don't like. Otherwise, people who don't have food to eat just keep **starving**. The reason **for** the food waste is **that** people always don't mind **about** throwing food. The trash cans of restaurants are always full of the leaving of the meal they sold. Some people will choose to ask for a bag to take the food away, but some don't. The other one is the old value of people. When people **buy** ingredients for their dishes, they choose pretty ones **rather than** ugly ones. In the end, the ugly food will be sent to the farms they came from or **thrown** away.

There are some tips **that** can **reduce** the food waste. First, bring a bag or ask for it if you can't finish the meal, and remember to finish it. Second, don't let the food **be placed** too long. Finish the food quickly or it will get rot soon. Finally, buy ugly food, they are not worse as you think. Although it might not look well, the nutrients inside still very well. Besides, who knows it was ugly once before after cooking? Furthermore, many markets are selling ugly food **for** a lower price than usual. It's a good chance to save money and **reduce the** food waste at the same time. You have got some tips! Try it next time, and **reduce** the food waste together.

文法、時態、介係詞問題

拼字問題、冗詞贅句

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# 優點與缺點

## ★ 針對文章結構、論點

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### 優點：

- 主題句點出主旨和問題的影響
- 舉例說明食物浪費的常見原因
- 針對前面提及的原因提出改善建議與優點
- 以呼籲行動作結尾，增加讀者行動意願

### 可改進：

- 舉例論點不夠明確，可透過查找資料改善
- 可透過查找資料鞏固論點，讓文章更有力
- 可以透過宣傳剩食 APP（如：Tasteme）之優點增加讀者行動意願
- 關注政府、民間機構的相關活動並鼓勵讀者支持

# 請 Chat GPT 做作文內容修正

## Topic: Food waste problem

Nowadays, food waste has become an increasingly serious problem. People throw away food they don't like, while many others around the world are suffering from hunger.

One main reason for food waste is that people don't care much about throwing away food. In restaurants, trash cans are often filled with leftovers. While some customers ask for a bag to take their food home, many others simply leave it behind. Another reason is traditional consumer values. When shopping for ingredients, people tend to choose only the perfect-looking ones, leaving behind those with minor imperfections. As a result, imperfect-looking food is either sent back to farms or simply discarded.

However, there are ways to reduce food waste. First, if you can't finish your meal, ask for a bag and make sure to eat it later. Second, consume food before it spoils—don't let it sit for too long. Finally, don't be afraid to buy imperfect-looking food. Although it might not look appealing, it is just as nutritious. Plus, once cooked, no one will even notice! Many markets even sell such food at lower prices, allowing you to save money while reducing waste at the same time.

Now that you know these tips, try them next time and help reduce food waste together!

Chat GPT 提出的問題點：

時態錯誤、用字過於口語化、部分詞彙運用和表達方式不太自然、用更精確的詞保持邏輯清晰和順暢

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# 如何更進一步發展？

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## 加強論點

1. 數據支持（考前查找資料為作文做準備）
2. 案件舉例（讓觀點更具體化，平時多關注相關議題、法規）

## 批判性思考與反駁

1. 反駁「食物浪費無法避免」觀點
2. 反駁「醜食物不好吃」的迷思

## 擴大討論範圍

1. 環境影響（食物浪費對地球的影響，如：處理廢棄食物的方法、造成的損失……）
2. 社會影響（強調糧食分配不均）

## 解決方案延伸

個人到企業，再到政府，最後全球。

- 個人：規劃食物運用減少個人食物浪費
- 企業：超市對部分食物提供優惠、餐廳提供不同份量讓民眾選擇減少浪費
- 政府：舉辦相關活動呼籲民眾參加、制定法律規範
- 全球：制定協議達成共識、幫助弱勢族群

# 作文原稿照片

6	說明或提示之事項皆與其真意。語言沒有什麼問題。只有少數拼字錯誤。	2	大約每個句子都有錯，語言沒有達到要求，無法將意思表達清楚，但仍可提到主題，具有一定的字數。	級分 總分 6
5	說明或提示之事項皆與其真意。語言沒有什麼問題。有較多處的小錯誤。	1	每個句子都有錯，並且其術語與主題不大符合，字數太少。	
4	創意不足，在四至八種乃有扣住主題。語言使用不精，具有主題但細節發展不足，句子對的比錯的多。	0	空白(未書寫文字)、文字破碎、形同未答、只抄題目或其他試題、只抄引據文字、內容完全無關或錯誤。	

Rating criteria

◎請記得在右上角寫上班級、座號、姓名，並且使用藍/黑色原子筆作答，違者扣總分5分。

**Writing an essay (12%)**

Journalists have one of the most important jobs in the world. What qualities or skills do you think a journalist needs? Use specific reasons and examples to support your opinion. Please write an essay of at least **120 words**.

Essay prompts

As one of the most important jobs in the world, journalists bring us informations and tell us the facts.

What if journalists aren't responsible for their reports? First, people will be disorder about what is going on. Journalists, the choaters of bring informations, take important jobs to tell everyone what should people do. If they report the wrong things, people may make alot mistakes. The more important thing is the world might get in war because of the mistakes. So, I believed that journalists need to be responsible for the reports.

Secondly, journalists must have ethics. What kinds of things should be reported? And what shouldn't? Journalists shouldn't report the things just because it will make a lot of money, like the personal lives of super stars. It not only violvated the laws of privacy but also embarrassed the person on the report. Journalists report the things only when the person makes a big mistake. In the end, journalists need to have the ethics when they are reporting and be responsible about their reports.

Writing area

那段期間因生病請假  
沒有請同學幫忙寫評語

# Composition Content

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## Topic: Journalism

### Essay prompts:

1. Qualities and skills that a journalist needs.
2. Use specific reasons and examples to support opinions.

As one of the most important jobs in the world, journalists bring us **imformations** and tell us the facts. What if journalists aren't responsible for their reports? First, people will be **disorder** about what is going on. Journalists, the characters **of** bring **imformations**, take important jobs to tell everyone what **should people** do. If they report the wrong things, people may make **alot** mistakes. The more important thing is the world might get in war because of **the** mistakes. So, I believed that journalists need to be responsible for the reports. Secondly, journalists must have ethics. What kinds of things should be reported? And what shouldn't? Journalists shouldn't report things just because **it** will make a lot of money, like the personal lives of super stars. It not only violated the law of privacy but also embarrassed the person **on** the report. Journalists report **the** things only when the person makes a big mistake. In the end, journalists need to have **the** ethics when they are reporting and be responsible **about** their reports.

文法、時態、介係詞問題

拼字問題、冗詞贅句

# 初步作文內容修正 (單字、文法問題)

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## Topic: Journalism

### Essay prompts:

1. Qualities and skills that a journalist needs.
2. Use specific reasons and examples to support opinions.

As one of the most important jobs in the world, journalists bring us **information** and tell us the facts. What if journalists aren't responsible for their reports? First, people will be **disordered** about what is going on. Journalists, the characters **who** bring **information**, take important jobs to tell everyone what **people should** do. If they report the wrong things, people may make **a lot of** mistakes. The more important thing is the world might get in war because of **the** mistakes. So, I believed that journalists need to be responsible for the reports. Secondly, journalists must have ethics. What kinds of things should be reported? And what shouldn't? Journalists shouldn't report things just because **they** will make a lot of money, like the personal lives of super stars. It not only violated the law of privacy but also embarrassed the person **in** the report. Journalists report **the** things only when the person makes a big mistake. In the end, journalists need to have **the** ethics when they are reporting and be responsible **for** their reports.

文法、時態、介係詞問題

拼字問題、冗詞贅句

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# 優點與缺點

## ★ 針對文章結構、論點

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### 優點：

- 條列式列出原因與例子，使文章結構更加清晰
- 以人民生活中常遇到的情景來舉例，使文章更有共鳴

### 可改進：

- 偏題，內容應扣緊主題
- 論點不夠具體，缺乏實例
- 重複敘述導致文章拖沓
- 可善用轉折詞讓文章更有節奏感
- 可利用分段讓文章更有條理
- 結尾句可透過反問、呼籲等方式支持論點、加強印象

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# 更新論點

## ★ 重新整理論點

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記者應含的品質與能力：

1. 最基本的「查證」，傳達事實真相給社會
2. 應考慮場合與受訪者狀態進行採訪
3. 以公正的角度傳達事實，而非帶入個人/機構立場引導輿論

舉例說明上述原因：

1. 假設有謠言說某單位因衝突造成停運（事實上並未發生），但記者未經查證就將謠言撰寫成新聞並播報出去，這將會誤導民眾並且造成糾紛、帶來許多困擾。
2. 記者是人民向社會傳達訊息的管道，不是娛樂節目。如果記者即時趕到災難現場並開始為新聞收集資料，過程中並未考慮到受災者的想法，問了不適當的問題，不僅造成民眾抗拒，同時也無法傳達有效訊息。
3. 假設某一新聞台支持特定政治立場並且在播報新聞時用帶有政治色彩的方式批評社會，則無自覺的觀眾容易被播報員的言論帶領思想、代入特定立場偏見，造成對立的社會風氣、讓討論方向偏離主軸。

# 請 Chat GPT 做作文內容修正

## Topic: Journalism

Journalism is one of the most important professions in the world, as journalists provide crucial information and report the facts. But what if journalists were not responsible for their reports?

First, the public would be confused about what is truly happening. Journalists, as key figures in delivering information, play a crucial role in informing society. If they report false or misleading information, people may make misguided decisions. In extreme cases, misinformation could even escalate conflicts or lead to war. For instance, in 2003, the U.S. invaded Iraq based on claims that the country possessed weapons of mass destruction—claims that were later proven false. This example highlights the devastating consequences of irresponsible journalism.

Second, journalists must uphold ethical standards. What should and should not be reported? Ethical journalism requires prioritizing truth over financial gain. Some media outlets exploit sensational stories, such as the private lives of celebrities, solely for profit. This practice not only violates privacy laws but also humiliates the individuals being reported on. Instead, journalists should focus on matters of public interest, such as political corruption or social injustices, ensuring that their work serves a meaningful purpose.

In conclusion, journalists must maintain both responsibility and ethical integrity. Their reports shape public opinion and can even influence global events. Therefore, it is essential that they remain committed to truth, fairness, and professionalism. By upholding these principles, journalists can fulfill their duty of informing the public while preserving the credibility of their profession.

Chat GPT 提出的問題點：

偏離主題、句子過於冗長/多餘、詞彙可以更精簡、語法結構、句子不自然、可舉例支持論點

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# 如何更進一步發展？

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## 加強論點

1. 案件舉例（將案件分成正面與負面兩種，在考試前尋找資料和文章，在寫作時提出可以讓觀點更具體化）
2. 將每個論點分段，讓觀點更清晰

## 商業化和批判性思考

1. 有些機構為了賺取關注，播報不實、重娛樂性新聞，導致新聞品質下降
2. 播報新聞不僅需要勇氣也需要判別真偽的能力，因此記者應該對資訊的真偽保持懷疑和深入調查，而非照單全收

## 科技帶來的影響

1. 隨著科技進步，社群平台的演算法無形之中強化偏見，導致假新聞擴散更加容易
2. 記者面臨被取代問題，應增強人類視角、分析能力的價值

## 結論發展

比起重申論點提醒讀者，結尾用問句或呼籲更能強調主題和達到引人深思的目的

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# 基本寫作問題與解決方式

★ 部分基礎單字和文法的應用不熟悉

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## 問題：

1. 動詞變化不一致
2. 有些關代不能省略
3. 對於介係詞使用不熟
4. 創意不足，缺乏新意
5. 可數/不可數名詞混淆
6. 單字量不足，重複性高
7. 特定對象加 the，無局限範圍不用

## 解決方式：

1. 多觀察句子結構和發生時間
2. 練習相關題目、觀察句子用意
3. 練習語感、背下各情形的用法
4. 平日多閱讀相關文章增加寫作技巧
5. 背單字時需額外注意單字用法以免出錯
6. 平時多閱讀英語書籍，提升基礎單詞量
7. 先想句子裡的受詞是特定或非特定再寫

# 作文寫作架構分析

★ 不自然的句子、論點不明確

項目

優點：

待精進：

結構

開頭、內文、結論，  
結構清楚

銜接方法可以更好，  
讓文章更流暢

論點

觀點明確，有符合作  
文要求

過於籠統，應舉更多  
具體例子支持觀點

語法

基本上能表達想法

語法錯誤、不自然用  
詞

論證  
方式

有舉例支持觀點

如果舉反面例子和反  
駁觀點能讓文章更清  
楚、詳細

結論

有總結

加入反思、問句、呼  
籲等，可以讓文章更  
深刻有力

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# 心得與反思

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老師配合課本單元主題出的作文題目，有助於讓學生加深對課堂內容的印象。我的作文目前大部分都是寫課本中有提到的觀點再配上一兩個突發奇想的想法，這顯得我創意不足、衍生性不夠。這方面我想出來的解決方法是在考作文之前多閱讀相關文章和查找能輔佐文章、強調觀點的資料再透過閱讀反思去思考這個議題目前的趨勢和社會觀感、列出好處與壞處，這些有助於寫作時能更清晰地表達自己的看法。

文章的單字和文法也是我可以慢慢累積起來的知識，透過這種方式不僅能豐富文章內容也能讓單字、片語重複性高和口語化的問題被解決，也能學到某些用法在特定情況下可以讓自己的句子更上一層。此外，有一部分單字的使用不是很恰當，這些部分我會用 Cool English 的 AI 修正功能和 Chat GPT 來幫助我進行更多方面發展的練習。

基礎的文法的部分除了多練習以外，我想多方比較看看不同的人或 AI 的解釋和學習方法哪種更適合我、更讓我對該用方法印象深刻、好應用於文章中。

感謝閱讀  
Thank you for  
your attention.

