BILINGUAL CLASS

僅供金寶座活動使用
請勿抄襲

2021.09-2022.01

First semester of high school

作者:余同學Linda

The secret of success is constancy of purpose.

CONTENT

2021.10.16/10.23

英文單字魔法講座

2021.10.30/11.06

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2021.11.03

彰師大教授入校觀課

2021.11.07

國際職涯講座

2021.11.19

銘傳大學觀摩簡報比賽

2022.01.11

楊梅高中雙語實驗班成果展

僅供全體歷程盃活動使用
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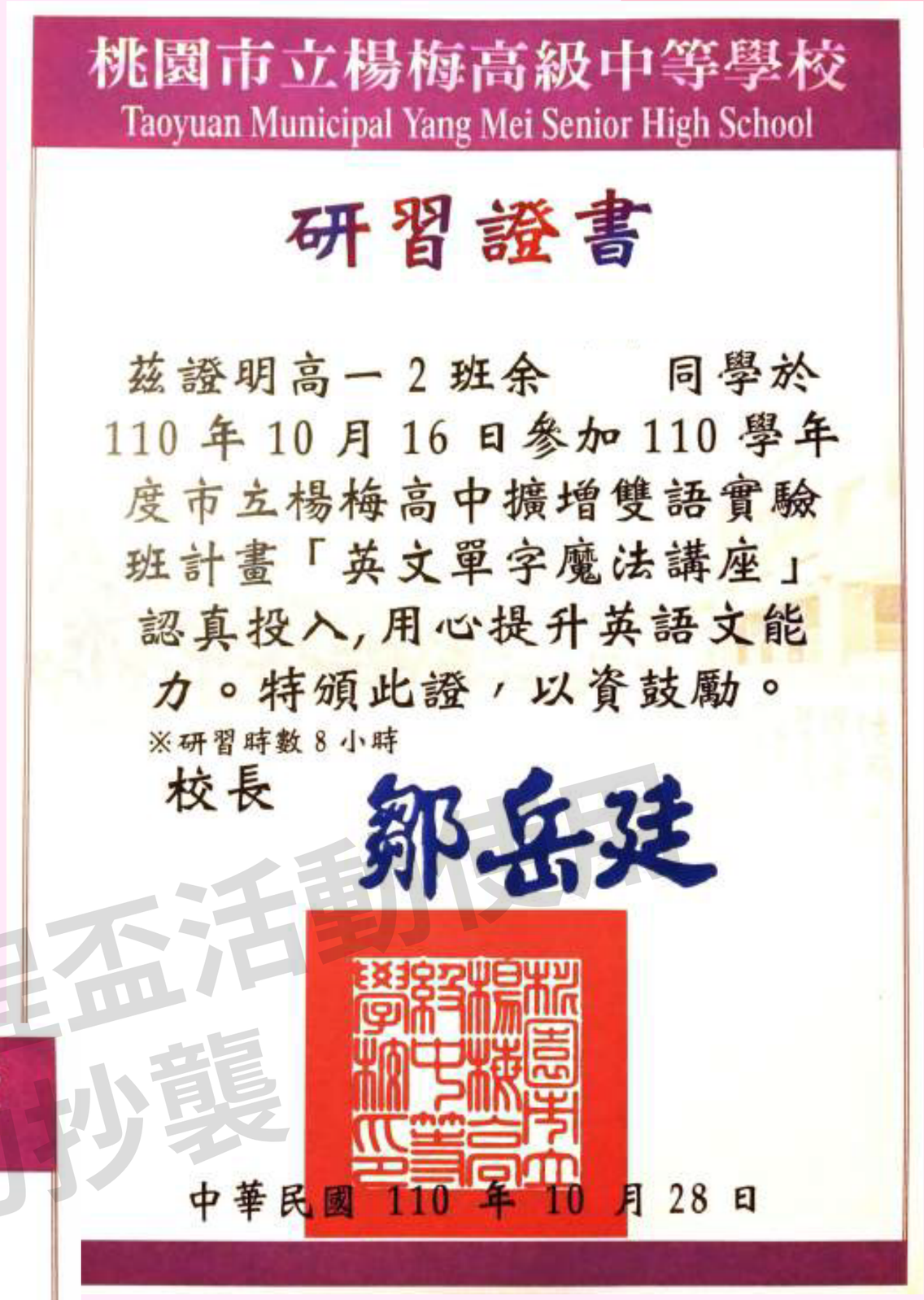
English Lecture

2021.10.16/10.23



桃園市立楊梅高級中等學校
Taoyuan Municipal Yang Mei Senior High School

研習證書

茲證明高一 2 班余　　同學於 110 年 10 月 16 日參加 110 學年度市立楊梅高中擴增雙語實驗班計畫「英文單字魔法講座」認真投入,用心提升英語文能力。特頒此證，以資鼓勵。

※研習時數 8 小時

校長　鄒岳廷

中華民國 110 年 10 月 28 日

桃園市立楊梅高級中等學校
Taoyuan Municipal Yang Mei Senior High School

研習證書

茲證明高一 102 班余　　同學於 110 年 11 月 6 日參加 110 學年度市立楊梅高中擴增雙語實驗班計畫「英文閱讀 FUN 講座」認真投入,用心提升英語文能力。特頒此證，以資鼓勵。

※研習時數 8 小時

校長　鄒岳廷

中華民國 110 年 11 月 6 日

僅供全質歷程盃活動使用
請勿抄襲

2021.10.30/11.06

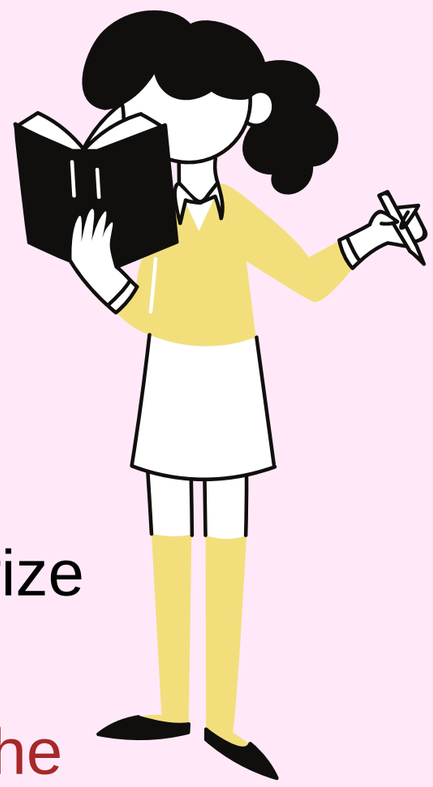
The secret of success is constancy of purpose.

English Lecture

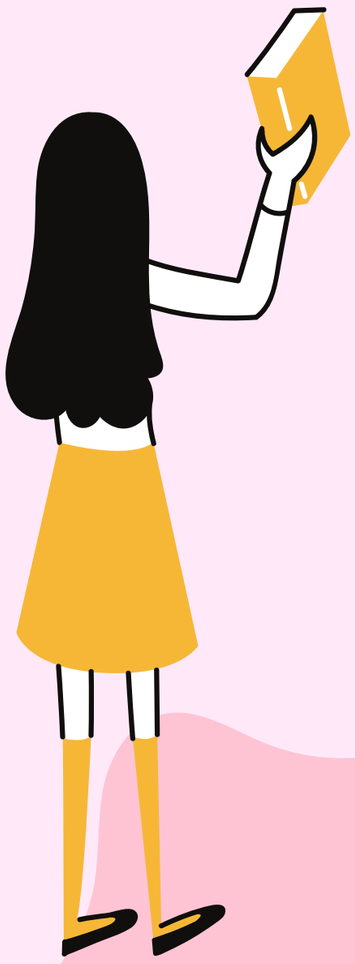
My reflection

Listening, speaking, reading and writing are all necessary steps to learn English, and they are indispensable.
The number of words and readings needs to increase a lot for us, but it is really boring to read in ignorance. So I attended two courses, "English Vocabulary Magic Lecture" and "English Reading FUN Lecture".Using Saturday to improve my English skills, a total of four lessons.

In the grammar and reading section: Teacher Mrs. Su used many articles to help us understand grammar, explained one by one, and directly asked us questions to practice.
Sometimes we had group discussions and translation exercises.Let English no longer be just words on paper, and have more opportunities to interact with people.



In the vocabulary section:Teacher Mrs. Su will organize the words with the same root and prefix and asked us to memorize them together.Of course, words are very important when reading, so our teacher asked us to use the article to learn the words, and the sentences with the plot are easier to remember the words.
After the class, I really learned a lot of reading skills, so that the efficiency of memorizing words and reading is better.
Studying requires methods, and there will be no good results without effort.
Learning is not for the pursuit of results, but for the enjoyment of the process.



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The secret of success is constancy of purpose.

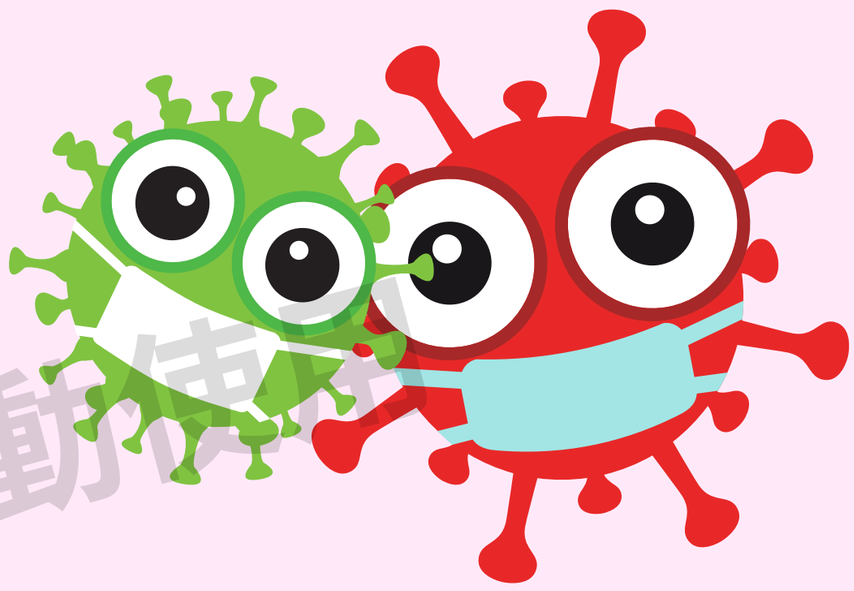
Peesentation

2021.10.24

2021第七屆靜宜盃全國高中英語簡報競賽 初賽

Providence University Cup

宜盃



慧儀參賽專屬 請勿抄襲

My reflection

Start preparing in early October, there were three weeks in total. Five people including Prestine(吳宛如)、Verity(林心彤)、Alison(陳姿樺)、Anny(陳彥安)and I(Linda 余欣玲) were selected to represent the school in the competition. We used the time after class, evening self-study and Saturday to practice. From the preparation of the first draft, recitation of manuscripts, the production of the briefing, rehearsal on stage, to the final presentation of the video. Every step of the way, we were walking on eggshells and doing our best . This is my first time to participate in the competition, and also the first time to show the results of our efforts with a group of students who had excellent English ability.

Although it is a video recording, it was not necessary to face the audience on the spot. We still had one continuous shot to the end. As long as someone made a mistake, we had to do it all over again. It was really recorded time after time.

From nothing to everything, in retrospect, it is full of sense of accomplishment.

Efforts may not have good results, but instead of giving up now, it is better to take the plunge.

The secret of success is constancy of purpose.

Briefing

Guarding against COVID-19: Try Our Prescription

ELITE-5

Overview

Tips for staying happy

Seize the Time with Family

1. Cook & relish cuisine
2. Binge-watch
3. Talk heart-to-heart

Develop Indoor Hobbies

1. Subscribe video channels of interest
2. Take a "Staycation"

Hang Out Online with Friends

1. Make video calls
2. Play interactive games
3. Organize study groups

Shield Resistance against COVID-19

1. Get vaccinated & keep hydrated
2. Prepare facemasks & alcohol
3. Take exercise
4. Create a sense of ritual

健供金質歷程盜活動使用
請勿抄襲

The secret of success is constancy of purpose.

Briefing

Learn more
Watch the video

質歷程盃活動使用
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The secret of success is constancy of purpose.

Peesentation

Competition entry form

英國語文學系

2021第七屆靜宜盃全國高中英語簡報競賽報名表

※敬請以電腦繕打※

學校名稱（全名）系/科或班級（全名）	桃園市立楊梅高中 普通科102	參賽主題	Guarding against COVID-19: Try Our Prescription
指導老師姓名	陳皇仁	連絡電話	0922000030
所屬單位	教務處	Email	andersonchen@ymhs.tyc.edu.tw
參賽者資訊			
選手1—姓名		連絡電話	0906908314
系科/年級	普通科/1年級	Email	11011045@ymhs.tyc.edu.tw
學號	011045		
選手2—姓名	余	連絡電話	0910812677
系科/年級	普通科/1年級	Email	11011038@ymhs.tyc.edu.tw
學號	011038		
選手3—姓名		連絡電話	0979208863
系科/年級	普通科/1年級	Email	11011053@ymhs.tyc.edu.tw
學號	011053		
選手4—姓名		連絡電話	0979733683
學號	011054	Email	11011054@ymhs.tyc.edu.tw
系科/年級	普通科/1年級		
選手5—姓名		連絡電話	0966303671
系科/年級	普通科/1年級	Email	11011040@ymhs.tyc.edu.tw
學號	011040		

聲明事項及個資提供同意書

1. 參賽者為參賽學校之在學學生。**每校至多推薦3隊參賽。**
2. 參賽者瞭解必須填寫完整且均符合本辦法所訂定之參賽資格，如經查證資料不實者，將依主辦單位之規定接受議處，參賽者不得有異議，如有遺漏，即無法完成報名。
3. 參賽者保證參賽作品絕無侵害或抄襲他人智慧財產權，且未曾出現在各類競賽中或曾為獲獎作品；如侵害他人智慧財產權或有任何其他違法情事，主辦單位得取消參賽者之參賽及得獎資格，並追其繳回所有獎項及獎金，所產生之法律責任自行負責。
4. 參賽者願遵守「2021第七屆靜宜盃全國高中英語簡報競賽」之規則及評審結果，並履行優勝者之權利與義務，並同意主辦單位於競賽結束後公開其簡報影片檔案。
5. 參賽者同意將報名資料提供靜宜大學英國語文學系於辦理活動、寄送活動相關資料（刊物）及活動相關統計建檔、儲存之用。
6. 主辦單位保留本競賽參賽規則及各項辦法之修改權利，如有疑義或其他未盡事宜，由主辦單位解釋之。
7. 參賽者已詳閱本同意書，瞭解並同意受本同意書之保護與規範。

主辦單位：靜宜大學 英國語文學系 協辦單位：靜宜大學 外語學院 報名網址：https://reurl.cc/7rEaad 活動聯絡人：靜宜大學英國語文學系張志興助理；許慧婷助理。 活動電話：04-26328001轉12025、12026 截止日期：請於2021年10月24日（星期日）24時前將報名相關資料電郵至本校英國語文學系信箱，逾期不受理。 pu20510@pu.edu.tw；puenglish45@gmail.com。	學校或科系戳章：本單位同意推薦報名表中所有參賽者代表本校參與此競賽。 實驗研究組 教務處

Our summary of presentation

英國語文學系

2021 Providence University Cup English Presentation Contest Summary (within 500 words)	
Topic	Guarding against COVID-19: Try Our Prescription
Team Name	ELITE 5
Summary: Please write a 500 word (or less) summary of how you plan to present the theme. ※※敬請以電腦繕打，表格不足請自行延伸 。※※	Ever since COVID-19 broke out in Mainland China in 2019, the world has been breaking down in many ways. Over the past two years, people around the globe are advised to maintain social distancing all the time and even confined home for safety. Without customers, countless numbers of businesses are shut down as a result. Worst of all, the pandemic has claimed nearly five million lives around the globe up to present. Compared with most parts of the world, Taiwanese people had been luckier until this May, when the disease spread like wildfire, and our lives have undergone dramatic changes since then. How is your life disrupted by this wave of pandemic? For people who have difficulty adjusting to life under the current levels of alert, we ELITE 5, would like to "prescribe" some effective "doses." In our presentation, we aim to guide you to lead a happy and healthy life with the aid of your friends, family, activities, and social media. We recommend hanging out with friends ONLINE, seizing the time with family, and developing new hobbies to stay happy during the pandemic. On the other hand, we advise some necessary measures to shield the body and to build up an easy mind against the irritable virus. Trying our "prescription," one will be able to guard against COVID-19 wisely and effectively.

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The secret of success is constancy of purpose.

Peesentation

Contest Work Schedule

10/02 Sat — 1.Introduction 2.Grouping 3.Submission of the outline

10/05 Tue — Selection of the groups

10/12 Tue — Selection of the PPT

10/15 Fri — Selection of the Presentation Scripts & Summary

10/16.17 Weekend — Practice & Rehearsal

10/18-22 Weekday — Video taping

10/23 Sat — Submission to 靜宜

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請勿抄襲

The secret of success is constancy of purpose.

Peesentation

Guarding against COVID-19: Try Our Prescription

Slide 1 Cover Page & Opening

It has been almost two years since COVID-19 broke out in Mainland China in December 2019.
Taiwan had been lucky until this May, when the pandemic spread like wildfire and our lives have come under tremendous changes ever since.
How is your life affected by this wave of disease?
If you have trouble adapting to life under the levels of alert, we are delighted to prescribe some effective doses for you to guard against the pandemic.

Slide 2 Overview

Our presentation is divided into two parts.
On one hand, we will share with you how to stay happy with your friends, family, and hobbies.
On the other hand, we will advise on ways to keep your body and mind healthy during the pandemic.
Please be all your ears!

Slide 3 Hang Out Online with Friends

Though you are asked to avoid going out during COVID-19, you can still hang out with your friends ONLINE.
Make video calls to contact your friends regularly so that you will keep each other updated and feel someone out there always cares about you.
If you feel bored, you may also play interactive games like *the Werewolves* with your friends not only to relieve stress but also to beat your brains.
If you are students, you will have to keep studying as usual. To remain on your task, you may organize study groups for schoolwork with your classmates. This way, the lockdown will make fewer impacts on your learning.

Slide 4 Seize the Time with Family

While the pandemic forces people to study or work at home for long, it also shows us a bright side. That is, we can have more time to get along with our family!
To enjoy the precious moment, we suggest you cook and relish cuisine together. Preparing meals with family helps engage every family member and keep them interacting deeply.
But if cooking is not your cup of tea, you may pick up some movies or TV series that all your family like and go binge-watching. While watching films in the living room, you can have many opportunities to talk to your family.
Of course, you should put your cellphone aside and spend some time talking heart to heart with your family.

Slide 5 Develop New Hobbies

It is wise to make use of the pandemic to develop new hobbies, too.
You can subscribe channels of some YouTubers or download some apps to explore your interests which can be done indoors like sports or baking.
More than that, you may take a "staycation." Staycation means a short break from your everyday routine. During the pandemic, you can choose to explore places or enjoy activities you don't normally experience in your community, for example, walking around your neighboorhood or going on a road trip within hours. This way, you will feel off work or school and still stay clear of the public.

Slide 6 Shield Resistance against COVID-19

A happy life cannot go without a healthy vibe.
To resist the coronavirus, first and foremost, take vaccines and drink enough water.
You should always go with facemasks, prepare alcohol, and check your temperature as well.
To strengthen your body and maintain your shape, remember to take proper exercise like simple aerobics.
It's even better if you can create a sense of ritual for that will gear your body toward a normal daily schedule.

Slide 7 Build Up an Easy Mind

The lasting pandemic is already extremely annoying, so don't push yourself so hard during this period.
Keep in touch with friends or family and share with them your feelings, whether it be pleasant, worried or anxious. They will be your best pillars of support.
Besides, recognize your negative emotions. For example, do not panic or get frustrated by the pandemic. If this happens, things like telling jokes or playing board games can serve as very useful distractors to make you feel better. Pretending to be happy works as well. Researchers found that smiling, even fake smiling, has positive effects on emotions. It is because it will trigger certain facial muscles and increase the levels of hormones such as dopamine and serotonin in our body. That will "fool" our brain that we are feeling good.
Last, stay alert of news about COVID-19 on social media but do not bombard yourself with too many messages. Learn to put down your 3C product at times also helps you build up an easy mind.

Slide 8 Conclusion

During the COVID-19 pandemic, we need a good dose of vaccination, family, friends, and social media to help us guard against the irritable disease.
We hope you take enough of it from our presentation.

Slide 9 Sources of Pictures

Slide 10 Thanks for Your Listening!

Everyone: Thanks for your listening.

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Our lectures

The secret of success is constancy of purpose.

Professor observation

2021.11.03

My reflection

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Because it is a bilingual class, there are many bilingual activities and bilingual courses. In addition, people outside the school are also very concerned about the effectiveness of our classes. This time, professors from Changhua Normal University visited our school, and visited the class.

Using bilingual teaching in mathematics classes:
It is an enriching and rewarding course to learn mathematics and use English at the same time. I had a lot of maladjustments in the beginning,but after listening to the class carefully, I found a plenty of incredible contents. I hope that my English ability will be further improved due to various bilingual activities in the future.

The secret of success is constancy of purpose.

International Career Seminar

走出　色高中生活，站上　彩的　約設計舞台

2021.11.07

Before Seminar

In the beginning, the reason why I took part in this seminar that is because I want to polish my English ability and broaden my horizons.

I want to see some other person who achieve their dream has entered the workforce.

However, listening to others tell their stories or their life, that what I really like. Of course, with all of the reason I decided to sign in. And spend my weekend enjoying learning English!

桃園市立楊梅高級中等學校
Taoyuan Municipal Yang Mei Senior High School

研習證書

茲證明高一 102 班余　　同學
於 110 年 11 月 7 日參加 110 學年度市立楊梅高中擴增雙語實驗班計畫「國際職涯講座」認真投入，用心提升英語文能力。特頒此證，以資鼓勵。

※研習時數 4 小時

校長 鄒岳廷

中華民國 110 年 11 月 7 日

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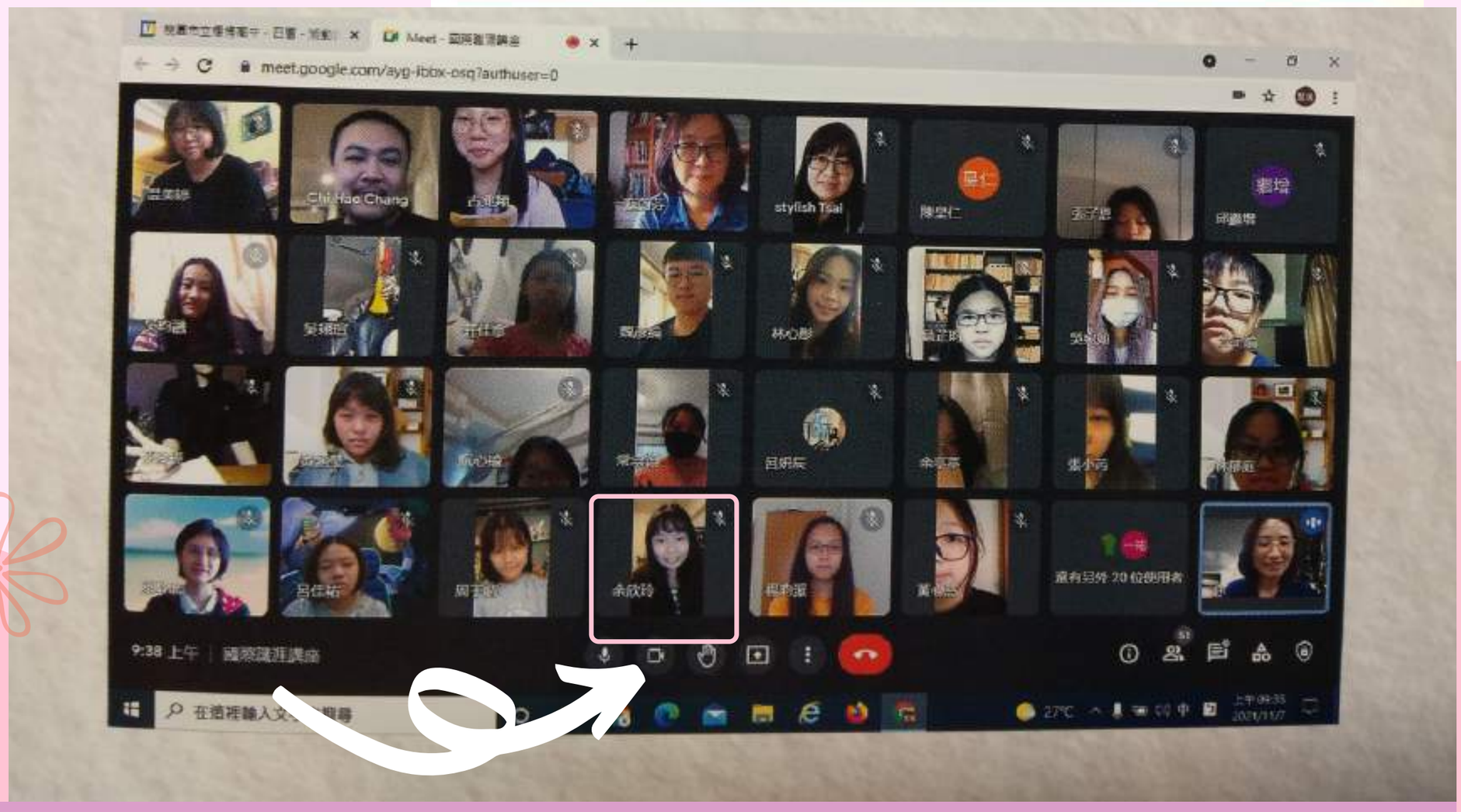

The secret of success is constancy of purpose.

International Career Seminar

During Seminar

It is a great honor for the school to arrange Sunday to connect with lecturer Chi Hao Chang by video, a total of four hours of virtual class was launched.

Mr.Chi Hao Chang is an designer of Instrument company in New York. Although he studied in Taipei famous high school - The Affiliated Senior High School of National Taiwan Normal University. But the life of high school was a painful memory for him. In order to escape the black and white life, he relied on his English ability and love for art. He decided to abandon the "Taipei Shih Chien University " and turn to the foreign universities “School of visual arts” to study art related courses.

Currently, he is a designer who fulfills his dreams. He has a colorful life that is different from the past. Even though the journey is so difficult, he believes that as long as he takes the path he likes the most, all difficulties will be solved.

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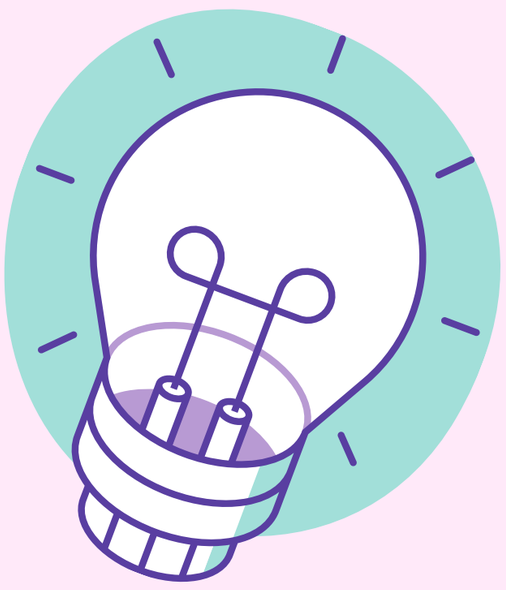

After Seminar

After participating in the seminar ,I wanna said that the whole seminar didn't disappoint me. I didn't regret to sign in.I learned that "The more you worked , the more likely you are to achieve your dreams." Although my favorite subject not art. I also gained a lot of knowledge from Mr.Chi Hao Chang.

That inspire me to work hard for myself to fulfill my dream.

I realize that English is important for us, it just not only a tool, but also the ability of everyone. Fortunately ,I learn more about the English and increase my ability of English. Since l had the good time than, I choose to participate the other seminar of different fields from now on.

The secret of success is constancy of purpose.

View and Emulate

2021.11.19

研　習　證　明

茲證明
桃園市立楊梅高中 余　　同學

參與觀摩本系
The 8th National English Briefing and Speech Competition for Senior High Students

特頒此狀，以茲證明。

銘傳大學
應用英語學系

中華民國一一〇年十一月一九日

僅供金質履程活動使用
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Ming Chuan University

The secret of success is constancy of purpose.

View and Emulate

2021.11.19

My reflection

This time we visited Ming Chuan University, we watched more than 20 groups of competition groups. The characteristics and performances of each group are different. We benefited a lot from the four hours of competition. Opportunity is always for the ones with good preparation.

Those of us who have participated in the Providence University Cup competition before were all eye-opening. There were really many people who are good at English.

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請勿抄襲

In addition to having a rich and variety report content, also have stable shows, clear pronunciation and teamwork. After watching it, I really felt that our ability was really insufficient. There was still a lot to learn.

I hoped to have the opportunity to visit other schools in the future to increase my experience of watching the competition.

The secret of success is constancy of purpose.

English Briefing competetion

2022 楊梅高中雙語實驗班成果展

2022.01.11

Elite5

CHAMPION

CONGRATS

The secret of success is constancy of purpose.

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English Briefing competetion

My reflection

This is also my first time accepting the host's challenge. When I was selected as the host list, I thought that maybe this was a big challenge for myself to give it a try and practiced my courage. After confirming,

I started to memorize the manuscript, went through the process, paid attention to every detail and the smoothness of the handover. Having the teacher's encouragement during practice which gives me more confidence to step onto the stage under the spotlight. After the event, I was satisfied with my performance, and there was no problem of forgetting words or not smooth handover.

I have nothing to offer but blood, boil, tears and sweat.

My reflection

The most anticipated English Briefing Competition of bilingual class have finally been published.This Competition has the experience of "Ming Chuan University Visit" and " Providence University Cup Competition", which let us get more familiar with the process. We practiced hard day after day. Such as rehearsed , memorized manuscripts, went on stage, took positions. In this Competition, we tried our best in the parts which were missed in the Providence University Cup Competition.To leave a beautiful memory that we never forget for all our life. Before the competition, we believed that no matter what the final result is, we had to present it perfectly to the best of our ability. Thankfully, our group ended up taking the first place. The joy in my heart was earned by working hard. I felt a sense of relief.Even if the competition was over, I wouldn’t have feeling of emptiness , it was all real and worthwhile.
Thanks all teachers and students who help prepare for the event, and the four team members who accompanied me all the way. Because of you "Elite5" is complete.

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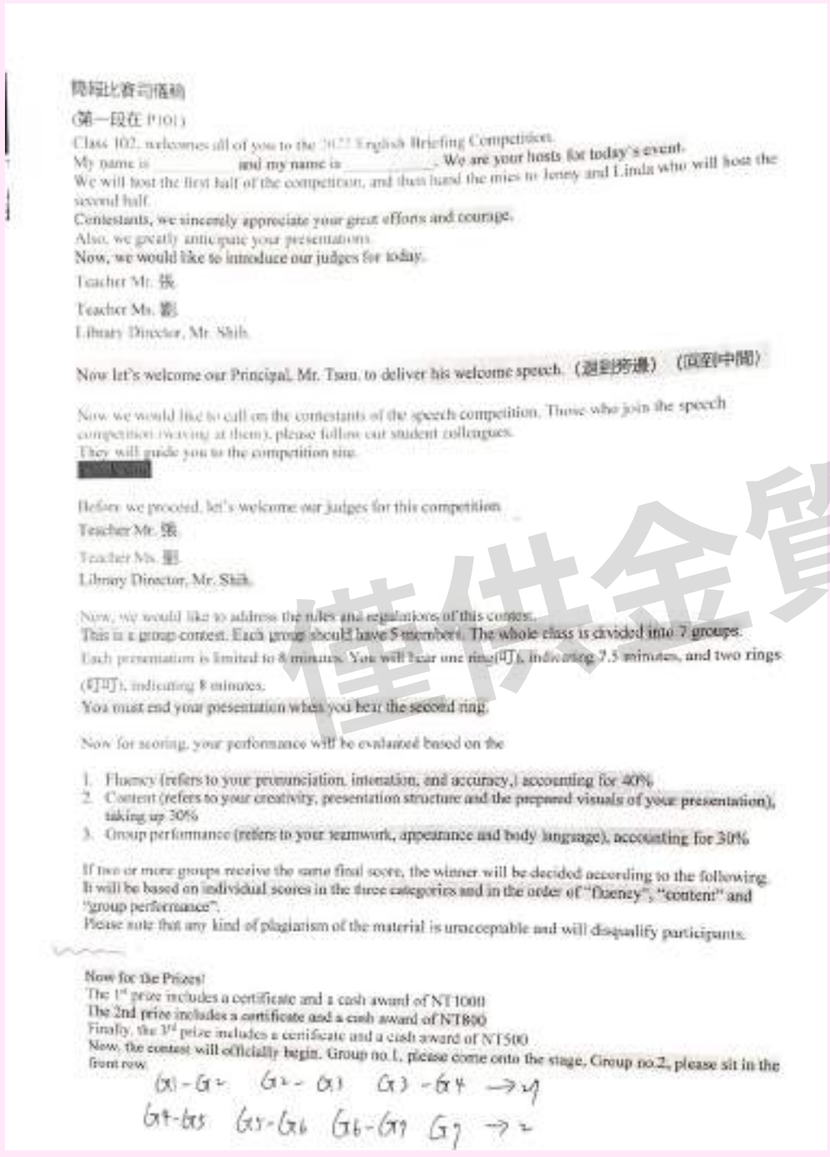
請勿抄襲

The secret of success is constancy of purpose.

English Briefing competetion

Learn more
Watch the video



簡報比賽司儀稿

(第一段在 P101)

Class 102, welcomes all of you to the 2022 English Briefing Competition.
My name is _____ and my name is _____. We are your hosts for today's event.
We will host the first half of the competition, and then hand the mics to Jenny and Linda who will host the second half.
Contestants, we sincerely appreciate your great efforts and courage.
Also, we greatly anticipate your presentations.
Now, we would like to introduce our judges for today.
Teacher Mr. 張
Teacher Ms. 劉
Library Director, Mr. Shih.

Now let's welcome our Principal, Mr. Tsou, to deliver his welcome speech. (邀到旁邊) (回座中間)

Now we would like to call on the contestants of the speech competition. Those who join the speech competition (waving at them), please follow our student colleagues.
They will guide you to the competition site.
(Exit)

Before we proceed, let's welcome our judges for this competition.
Teacher Mr. 張
Teacher Ms. 劉
Library Director, Mr. Shih.

Now, we would like to address the rules and regulations of this contest.
This is a group contest. Each group should have 5 members. The whole class is divided into 7 groups.
Each presentation is limited to 8 minutes. You will hear one ring(叮), indicating 7.5 minutes, and two rings (叮叮), indicating 8 minutes.
You must end your presentation when you hear the second ring.

Now for scoring, your performance will be evaluated based on the

1. Fluency (refers to your pronunciation, intonation, and accuracy,) accounting for 40%
2. Content (refers to your creativity, presentation structure and the prepared visuals of your presentation), taking up 30%
3. Group performance (refers to your teamwork, appearance and body language), accounting for 30%

If two or more groups receive the same final score, the winner will be decided according to the following. It will be based on individual scores in the three categories and in the order of "fluency", "content" and "group performance".
Please note that any kind of plagiarism of the material is unacceptable and will disqualify participants.

Now for the Prizes!
The 1st prize includes a certificate and a cash award of NT1000
The 2nd prize includes a certificate and a cash award of NT800
Finally, the 3rd prize includes a certificate and a cash award of NT500
Now, the contest will officially begin. Group no.1, please come onto the stage, Group no.2, please sit in the front row.

G1-G2 G2-G3 G3-G4 →4
G4-G5 G5-G6 G6-G7 G7 →2

(繼續接下去,Group no.2, please come onto the stage, Group no.3, please sit in the front row.)

(第 7 組比賽結束,中場休息 20 分鐘)
Now we will take a 20 minutes break. Please be sure to come back in time.

(After break time)
We sincerely appreciate your great efforts and courage.
This year we hold the English Briefing Competition and see many wonderful speakers and presenters.
After much consideration by our judges, we have the list of winners. (邀到旁邊)

Before we open this up, we would like to invite our judges (暫定三位 看狀況) to give us some comments.
(Judges speaking)

Now, it is time to announce our winners.
The ~~2nd~~ 3 place goes to group _____.
Let's welcome our Principal, Mr. Tsou, to present the award.

Next, the second place goes to group _____.
Let's welcome Library Director, Mr. Shih to present the award.

Finally, the ~~3rd~~ 1st place goes to group _____.
Let's welcome Teacher Mr. 張 to present the award.

(回到中間)
On behalf of Class 102, we would like to thank you again for your participation in our English Briefing Competition.

We look forward to seeing you all again soon!
(Exit)

host lectures

The secret of success is constancy of purpose.

僅供參考 請勿抄襲

English Briefing competetion

a complete success

The secret of success is constancy of purpose.

Certificate

僅供金質歷程盃活動使用
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The secret of success is constancy of purpose.

Self introduction

the minutes video

Self introduction

My name is 余欣玘 Linda

I'm hardworking and always willing to learn

☆Why did you want to enter the bilingual class?

First, I can cooperate and compete with many English masters in the bilingual class. And impore my English skills.

Second, is for my dream.

☆What is your dream?

I want to be an English Teacher.

The reason why apart from my love for English.

And I prefer to communicate with people. Discuss with each other and learn from each other.

☆What activites have you participated in?

I participated two competition, one is Civic training essay competition I get the first place.

The other is the high school student reading experience competition I get the High distinction Award.

☆Describle yourself in two words.

pro active responsible

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請勿抄襲

my lectures

The secret of success is constancy of purpose.